



Support Material Agenda Item No. 4

PASTACC

PUBLIC AND SPECIALIZED TRANSPORTATION ADVISORY AND COORDINATION COUNCIL

*An advisory body to the San Bernardino County Transportation Authority
addressing public transit and specialized transportation needs, issues and opportunities.*

Tuesday, November 14, 2023

10:00 AM

LOCATION:

**SBCTA Board Room, First Floor Lobby Board Room
1170 W. Third Street, San Bernardino, CA. 92410**

IV. COUNTYWIDE NEEDS ASSESSMENT PANEL DISCUSSION: Common Themes around Priority Needs and Transportation Topics

PowerPoint presentations were received after the posting of the agenda.

Inland Empire Master Plan for Aging Transportation

Elizabeth Bogumil

November 14, 2023



Outline

- MPA Overview
 - California
 - Inland Empire
- Methods
 - Populations
 - Process
- Findings: Transportation
 - Similarities
 - Differences
 - Participant Recommendations
- Advisory Board Recommendations
- Get Involved

California Master Plan for Aging

- June 2019: California Executive Order N-14-19 called for the creation of a Master Plan for Aging to prepare the state for an estimated 10.8 million older adults by 2030.
- Developed with:
 - Public & Stakeholder Engagement
 - Roundtable with Electeds
 - Focus on Equity



www.TheSCANFoundation.org

GOAL 1: Housing for All Ages and Stages
We will live where we choose as we age in communities that are age-, disability-, and dementia-friendly and climate- and disaster-ready.
TARGET: Millions of New Housing Options to Age Well

GOAL 2: Health Reimagined
We will have access to the services we need to live at home in our communities and to optimize our health and quality of life.
TARGET: Close the Equity Gap In and Increase Life Expectancy

GOAL 3: Inclusion & Equity, Not Isolation
We will have lifelong opportunities for work, volunteering, engagement, and leadership and will be protected from isolation, discrimination, abuse, neglect, and exploitation.
TARGET: Keep Increasing Life Satisfaction as We Age

GOAL 4: Caregiving That Works
We will be prepared for and supported through the rewards and challenges of caring for aging loved ones.
TARGET: One Million High-Quality Caregiving Jobs

GOAL 5: Affording Aging
We will have economic security for as long as we live.
TARGET: Close the Equity Gap In and Increase Elder Economic Sufficiency

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Inland Empire Master Plan for Aging

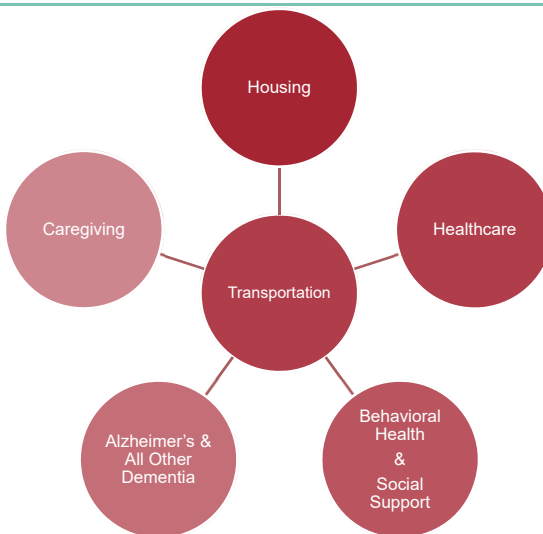
- **2008** Inland Coalition on Aging (originally IE LTSS) Coalition began convening. Members are from San Bernardino & Riverside Counties
- **2021** SCAN Foundation funded Inland Empire Master Plan for Aging (IE - MPA)
- **2022-2023** A needs assessment of aging adults in San Bernardino & Riverside Counties was conducted
- **September 2023** Coalition launch Event: The Inland Empire Master Plan for Aging Well
- **2023-2025** Inland Coalition on Aging received California Department of Aging's Local Aging and Disability Action Planning (LADAP) funding to continue implementing the IE - MPA

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Inland Empire Master Plan for Aging

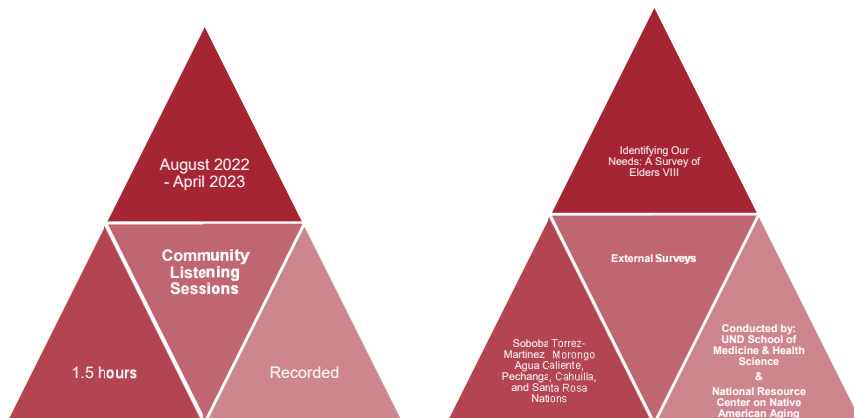
“When discussing extending life, it’s important to discuss quality of life”
(Low Income Individual)



Methods: Populations

Recruiting Group	County	Population	# Participants
Community Listening Sessions			
Yucca Valley Senior Center	San Bernardino	Rural	9
DAP Health	Riverside & San Bernardino	Low Income	7
DAP Health & The LGBTQ Center of the Desert	Riverside County	LGBTQIA+	8
Inland Caregiver Resource Center	Riverside & San Bernardino	Caregivers – Spanish Speaking	10
Inland Caregiver Resource Center	Riverside & San Bernardino	Caregivers – English Speaking	4
St. Paul AME Church	San Bernardino	African American	8
Mecca Family & Farmworker's Service Center	Riverside	Hispanic/Latinx	11
Menifee VFW	Riverside	Veterans	5
Path of Life Ministries – Community Shelter	Riverside	Unhoused	7
External Surveys			
Riverside-San Bernardino County Indian Health Inc. – Morongo & National Resource Center on Native American Aging	San Bernardino & Riverside	Native American	78

Methods



Findings: Transportation Similarities

Similarities

- **Public Transit**
 - Kindness of drivers
 - Needs to go where people want to go and when they need to get there (e.g. healthcare facilities, senior centers, social activities, groceries, pharmacies, low-income food distribution places)
- **Driving**
 - Caregivers provide driving support
 - Fear of losing vision, not being able to drive, and losing social and resource connections

“It’s scary not being able to drive or the idea of not being able to leave the house freely”
(LGBTQIA+ Individual)

“I don’t drive no more...I have the bus passes but can only ride the bus to the store 1 day or I can come here [Senior Center] 2 days. Shopping is hard because you can only take so many bags and I can’t carry that much because I have to use my walker”
(Rural Individual)

Findings: Transportation Differences

“If we stay in California, it won’t be this area because it’s too difficult with lack of transportation”
(English Speaking Caregiver)

- | Differences |
|---|
| <ul style="list-style-type: none"> • Public Transit <ul style="list-style-type: none"> • Accessibility (frequency, location of pick up/drop off) (<i>Rural, Low Income, LGBTQIA+, Native American</i>) • Carrying groceries on the bus can be a challenge (<i>Rural</i>) • Accessing occupational health, Access transportation, and dial-a-ride is challenging (e.g. timing, no-shows/late, restricted/limited places they will drive to) (<i>English Speaking Caregivers, Rural, Low Income, Native American, Unhoused</i>) • Driving <ul style="list-style-type: none"> • Difficulty on dirt roads (<i>Rural</i>) • Distance one must drive to get to necessary resources (e.g. specialists, healthcare, groceries, food distribution) (<i>Rural, LGBTQIA+, English Speaking Caregivers, Low Income, Native American</i>) |

Advisory Board Recommendations

- | Recommendations |
|---|
| <ul style="list-style-type: none"> • Implementation <ul style="list-style-type: none"> • T18: Participate in or organize a presentation for the Public and Specialized Transportation Advisory and Coordinating Council (PASTACC) to increase partnership between transit providers and community-based organizations. • T19: Hold and/or participate in summit meetings focused on transportation. Bring transportation providers and local government representatives together to map out existing routes and services, identify overlap and/or gaps in programs, and collectively brainstorm solutions. • T20: Convene agencies that engage volunteer drivers to understand barriers, successes, gaps in services, and opportunities for expansion. • T21: Research which senior centers do not currently have a bus and connect them with funding resources. • T22: Identify if there are shuttles currently being used for other age groups/ populations that could be expanded to provide needed transportation support to older adults or adults with disabilities in underserved areas (e.g., Morongo Basin). • T23: Encourage health care facilities to promote and advertise public transportation alternatives for older and disabled adults. • T24: Train health providers to provide patients with resources when their driver’s license is revoked. Promote DMV and Alzheimer’s Association resources that address what to do when one’s license is taken away • T25: Launch a Peer Navigators program for transit. Public transit riders from various communities could be ‘champions’ and help those who need it to navigate the transportation system. • T26: Address paratransit needs among the disability community in Victorville. Increase non-emergency medical transportation down to the valley. • Advocacy <ul style="list-style-type: none"> • T27: Advocate for improved regulation of the quality and reliability of public transit. • T28: Advocate for free or subsidized rides for older adults and adults with disabilities on public transit. • T29: Advocate for transportation to connect older adults with senior centers, meal locations, and health care facilities. |

Get Involved

- Sign up to receive updates on the IE-MPA Report, town halls (February, April, June) and formation of work groups



www.icaging.org

- Sign up to attend the CC LTSS December 6 Webinar: Addressing the Needs of Older & Disabled Adults in Rural Communities: findings from the California Rural Master Plan for Aging Initiative






**Community Action Partnership
of San Bernardino County**

**2024-2025
Community Action Plan
&
Community Needs
Assessment**

November 14, 2023

Agenda

- CAPSBC Overview
 - Vision & Mission
 - Programs & Services
 - 2022 Agency Accomplishments
- San Bernardino County Demographic Profile
- What is a Community Action Plan (CAP)?
- 2023 Community Needs Assessment Overview
- 2024/2025 CAP – Needs Addressed



**Community Action Partnership
of San Bernardino County**

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CAPSBC Overview

CAPSBC is a private non-profit corporation with a 501(c)3 status. The agency was established in 1965 and has been providing community services for over 58 years.

CAPSBC is the “anti-poverty” Agency established in 1965 after signing of the Economic Opportunity Act by President Lyndon B. Johnson to support his declaration of an unconditional “War on Poverty”.

CAPSBC is the designated Community Action Agency (CAA) for San Bernardino County and is one of over 1,000 Community Action Agencies nationwide dedicated to assisting low-income individuals and families become stable and self-reliant.

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Our Vision	Our Mission	
<p>Community Action Partnership of San Bernardino County is the premier social services agency that eliminates the effects of poverty</p>	<p>Community Action Partnership of San Bernardino County works with our communities by supporting, advocating for, and empowering low-income residents to achieve self-reliance and economic stability</p>	

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CAPSBC Programs & Services

Energy, Education & Environmental Services

Purpose:

To make homes more comfortable and energy efficient while lowering the cost of natural resources.

Services include:

- Home Weatherization
- Water Conservation
- Home Energy Assistance Program (HEAP) – Utility Assistance
- Energy Education
- Solar Installation
- Weatherization Training Center

Family Development Program

Purpose:

To assist clients to overcome barriers to self-sufficiency by identifying and providing resources in the areas of affordable housing, employment, educational opportunities and self-determination.

Services include:

- Emergency Assistance
- Obershaw Transitional Housing
- Case Management
- Financial Literacy
- Children/Youth Programs
- Volunteer Income Tax Assistance
- Individual Development Accounts
- Mobile Shower/Laundry Program
- Mobile Community Kitchen
- CAPSBC Mobile Offices

Food Bank

Purpose:

The Food Bank's mission is to combat hunger and malnutrition in San Bernardino County by distributing healthy food to the needy and advocate for supportive policies and legislation that will help eliminate hunger.

Services include:

- The Emergency Food Assistance Program
- Community Pantry Program
- Congregate Feeding Agencies (CFA)
- Senior Choice Nutritional Program
- Campus Cupboard Program
- Mobile Food Pantry Program
- Diaper Bank Program

2022 Agency Accomplishments

The Food Bank served:
125,208 households
410,194 individuals

The Diaper Bank Program served:
10,504 households
13,604 children

Distributed over
1.3 million diapers

The Food Bank distributed:
11 million
pounds of food

329 students received
virtual scholar bundles
with a total value over
\$330,000

The Food Bank supplemented the meals prepared by 27 soup kitchens:
172,744 meals served

Over \$750,000
in housing assistance
payments were made

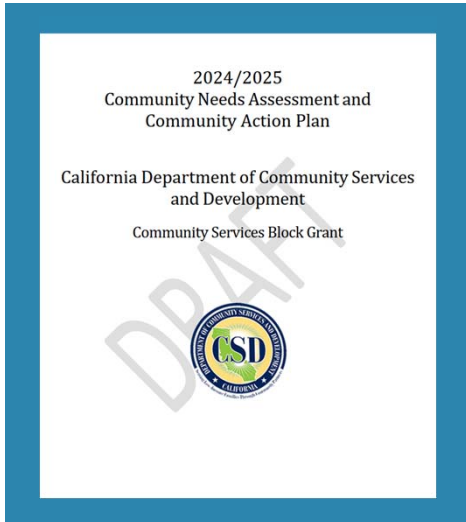
Utility Assistance:
26,387 individuals served
Value of utility bills paid:
\$13,411,418
206 Homes Weatherized
129 Appliances
installed/repaired

Rental/Mortgage Assistance:
717 individuals served

Motel Assistance:
535 individuals served

Free Tax Preparation Services:
103 individuals served

What is a Community Action Plan?



Community Action Agencies are required to create a Community Action Plan (CAP) that serves as a two-year roadmap demonstrating how Community Action Agencies plan to deliver services funded through the Community Service Block Grant (CSBG).

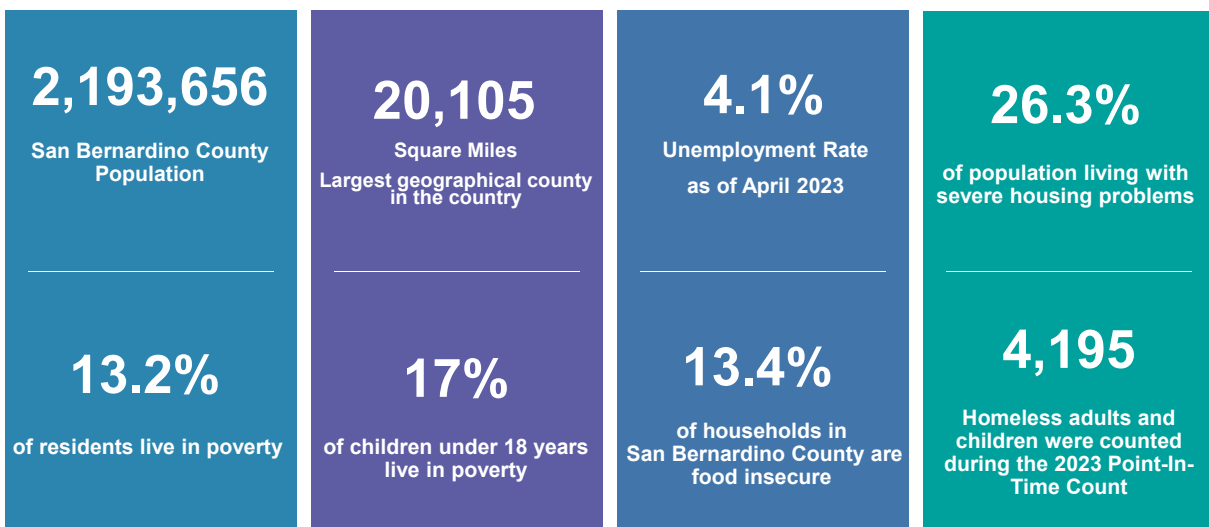
The CAP is supported by a Community Needs Assessment (CAN) which shows how agencies will deliver CSBG services. CSBG funds are used to support activities that increase the capacity of low-income families and individuals to become self-sufficient.

Section 12747(a) of the California Government Code requires the CAP to assess poverty-related needs, available resources, feasible goals and strategies that yield program priorities consistent with standards of effectiveness established for the program.

As required by California Government Code Section 12747(b)-(d), agencies are required to conduct a public hearing for the purpose of reviewing the draft CAP. All testimony presented by low-income individuals and families during the public hearing shall be identified in the final CAP.

The Community Needs Assessment collects and analyzes both quantitative and qualitative information, including: 1) Information collected directly from low-income individuals. 2) Information gathered from key sectors in the community (CBOs, faith-based organizations, private sector and education).

San Bernardino County Demographic Profile



CAPSBC Community Needs Assessment Survey Results

Top 3 Critical Needs Identified by Providers	% of Response
Affordable Housing	78%
Childcare	13%
Education	13%
Emergency Food	36%
Emergency Shelter	28%
Family Support Services	24%
Health Services	19%
Jobs/Employment Services	37%
Mental Health	32%
Rental Assistance	22%
Transportation	9%
Vocational Training	15%
Other	8%

Top 3 Critical Need Areas Identified by Clients:

1) Housing (73%) - Help with paying utilities (69%) and help with paying rent or mortgage (65%) were the most common resource needs identified by clients.

2) Employment (65%) - Clients most commonly identified finding a job that pays a living wage (72%) as highly needed.

3) Health (62%) - Having healthy food (66%) and health insurance (60%). Notably, while 38% of clients indicated a need for mental health support, an additional 34% indicated they did not know if they needed mental health services or not.

2024/2025 CAP – Needs Addressed

Agency Priorities	Description of Programs & Services
Housing Services	<p>Family Development Program (FDP):</p> <ul style="list-style-type: none"> Rental Assistance – Homeless Prevention and Rapid-Rehousing Obershaw Transitional Housing Program Motel Vouchers <p>Energy, Education, and Environmental Services (EEES) Program:</p> <ul style="list-style-type: none"> LIHEAP/HEAP Energy Assistance - Utility Assistance LIHEAP/Weatherization Services
Employment Services	<p>Family Development Program (FDP):</p> <ul style="list-style-type: none"> Employment Supportive Services Job Training Partnership Programs – The PACT Community Employment Center and Young Visionaries Youth Leadership Academy <p>Food Bank:</p> <ul style="list-style-type: none"> Operation New Hope Work Experience Program
Address Food Insecurity & Access to Health Services	<p>Food Bank:</p> <ul style="list-style-type: none"> The Emergency Food Assistance Program - USDA Food Distribution Community Pantry Program Congregate Meal Program Senior Choice Nutritional Program Campus Cupboard Program Mobile Food Pantry Program Holiday Basket/Special Events Program <p>Family Development Program:</p> <ul style="list-style-type: none"> Mobile Shower/Laundry Program Mobile Community Kitchen

2024/2025 CAP – Needs Addressed

Agency Priorities	Description of Programs & Services
Financial Education & Resources	<p>Energy, Education, and Environmental Services (EEES) Program:</p> <ul style="list-style-type: none"> Financial literacy information provided during HEAP workshops <p>Family Development Program:</p> <ul style="list-style-type: none"> Volunteer Income Tax Assistance (VITA) Program – Outreach and information for tax credits Financial Literacy Program – Provide free financial education classes to support individuals and families
Education Resources	<p>Energy, Education, and Environmental Services (EEES) Program:</p> <ul style="list-style-type: none"> Energy education, environmental hazards, and budgeting information provided during HEAP workshops <p>Family Development Program:</p> <ul style="list-style-type: none"> Literacy and School Readiness Outreach – Provide new books to children to promote school readiness and literacy skills Back-to-School Events – Provide backpacks with school supplies to students Summer Camp for Youth
Accessibility of Family and Children Services	<p>Food Bank:</p> <ul style="list-style-type: none"> Diaper Bank Program - Families with small children will have access to diapers monthly. The program helps families by alleviating the financial burden of providing basic baby needs.
Community Involvement	<p>Food Bank:</p> <ul style="list-style-type: none"> Feeding Our Community Events – Conduct food distribution events throughout the county Annual Holiday Events Volunteer Engagement: Packaging Events

Community Action Partnership of San Bernardino County

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Thank You!